

SOUTH INTERLAKE 4-H COUNCIL
Gold Watch Award

The Gold Watch awards are presented annually by the South Interlake 4-H Council to honour outstanding 4-H members. The recipient is selected based on their involvement in all aspects of the 4-H program at Club and South Interlake 4-H Area level.

To be eligible to apply for this award-

- The 4-H member must be a senior member between 15 and 17 years of age as of January 1 of the current 4-H year and have achieved in each of the past 2 years and the current club year in the South Interlake 4-H Council Area.
- The applicant's member fee to South Interlake 4-H Council must be paid for the current 4-H year (if applicable)
- Previous recipients of this award at Area level are not eligible.

A maximum of 2 (two) Gold Watches may be awarded, but only if there are qualified applicants. In the event that insufficient qualified applications are received, it is not necessary to award any of the watches.

The members eligible to receive this award will receive a Gold Watch/ Bursary application form which will have a deadline to return to the chair of the Gold Watch/Bursary Selection Committee.

Please return your completed application and letter of reference by 4:30 pm on April 28, 2026 (late applications will not be accepted) to:

Teresa Melnychuk
Attn: SI Gold Watch/Bursary Selection Committee
Box 296
Balmoral MB R0C 0H0

Selected applicants will be required to attend an interview.
You will be notified with your interview time and date.

Members should be aware they will be graded on the content of their application, conduct and appearance at the interview and their knowledge of the 4-H program and current affairs.

No applications will be accepted after the deadline date.

Selection Standards for Gold Watch recipients:

- Held offices in their club.
- Participated fully in club activities such as fundraisers, social events and communications, including committee and planning roles
- Participated at Area and Provincial events
- Should have developed leadership skills at club and higher 4-H levels
- Should present and express themselves well during the interview
- Should have a sound knowledge of current affairs
- Should understand the structure of 4-H in Manitoba

SOUTH INTERLAKE 4-H COUNCIL
4-H Bursaries

The Bursary awards are presented annually by the South Interlake 4-H Council to honour outstanding 4-H members. The recipient is selected based on their involvement in all aspects of the 4-H program at Club and South Interlake 4-H Area level.

A maximum of 3 (three) bursaries valued at \$500 each will be awarded annually, only if there are qualified applicants. The number of bursaries will be determined by the South Interlake 4-H Council annually, prior to a call for applications.

To be eligible to apply for this award, applicants must meet the following criteria:

- The 4-H member must be a senior/adult member up to 19 years of age as of January 1 of the current 4-H year and be in their final year of high school or attending a postsecondary institution.
- Have been a member in the South Interlake Area in each of their high school years (grades 9-12)
- Have achieved in each of their high school years (grades 9-12) including the current year
- Have attained at least a 70% average in their Grade 12 (S4) year
- Will be attending a post secondary institution i.e. university, community college, training center
- Have demonstrated a commitment to the 4-H program at both the Club and Area Council levels
- Previous recipients of this award at Area level are not eligible.

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Please return your completed application and letter of reference by 4:30 pm on April 28, 2026 (late applications will not be accepted) to:

Teresa Melnychuk
Attn: SI Gold Watch/Bursary Selection Committee
Box 296
Balmoral MB R0C 0H0

Selected applicants may be required to attend an interview. You will be notified with your interview time and date.

Final Grade 12 marks will be reviewed before a final decision is made. A certificate of intent may be presented at the recipient's school graduation ceremony. The bursary will be awarded to the member on submission of proof of fee payment from the institution of choice, **within 2 years of high school graduation.**

Members should be aware they will be assessed on the content of their application, conduct and appearance at the interview (if required) and their knowledge of the 4-H program and current affairs.

No applications will be accepted after the deadline date.

SOUTH INTERLAKE 4-H COUNCIL

Senior Member
Gold Watch/ Bursary
Application form

TO THE APPLICANT:

Qualifying members (see previous page for criteria) who are registered in 4-H Clubs in the South Interlake 4-H Area are eligible to participate in the South Interlake 4-H Council's Bursary and Gold Watch program. The recipients are chosen by a committee who may or may not know you personally. Please fill out the form completely and legibly. The purpose of the application form is to introduce yourself on paper, to this committee. Those of you who have applied and not been selected in previous years for the Area Gold Watch and Bursary award, please apply again.

You are encouraged to complete this form as fully as you can. Feel free to include any additional information you feel may help the committee in its choice. Please list each item on a separate line. You will only receive points for information included in this application. If you require additional space for any of the categories, please make reference to continuing on an attached sheet. Note that bonus points may be awarded in certain categories.

Please return your completed application and letter of reference by 4:30 pm on April 28, 2026 (late applications will not be accepted) to:

Teresa Melnychuk
Attn: Gold Watch/Bursary Selection Committee
Box 296
Balmoral MB R0C 0H0

Selected applicants will be required to attend an interview in person. You will be notified with your interview time and date.

Indicate what you are applying for:

Gold Watch ☐

Bursary ☐

Gold Watch & Bursary ☐

APPLICANT MUST USE THIS FORM ONLY, DO NOT MODIFY, please add additional sheets if necessary to fully answer categories.

Section 1- Applicant Information	
Name	Grade in School
Address	Postal Code
Telephone	Alternate phone
Birthdate	Current Club (s)
E-mail	High School

Section 2 - 4-H Participation max 10 Points (1 point / project / year) Add pages if needed.		
List projects taken, the club you were attending, and the year completed. If you have achieved in the same project more than 1 year, (eg animal projects) list each year on a separate line.		
Project Name:	Club Name:	Year Taken:
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
Section 2(b) Indicate the project you found the most worthwhile and explain why. max 2 Points		

Section 3a- Club offices (1 point / year / position) max. 8 points	
List the offices you have held in the club and the year held. If the same office was held more than one year in a row, please list each year on a separate line.	
Position & Club	Year

Section 3b- Other offices (2 points / year / position) max. 6 points	
List the offices you have held in the Area, or Provincial level and the number of year(s) held. (Pres./Vice-Pres/Secretary/Treasurer considered Exec. Positions). If the same office was held more than one year in a row, please list each year on a separate line.	
Position & Level	Year

Section 4- Communications (0.5 points / year / level) *max. 20 points*
including Master of Ceremonies, Room Chair and Judging for competitions (use one box per level and include the year)

[illegible]

Section 5b- Leadership in Community/School Programs. <i>List all areas where you had a leadership role or served on a committee. ie: Peer Tutor, Grad. Committee, TADD, Yearbook, Student Council, Church groups, other Non 4-H clubs and volunteer commitments (1 point / activity) max. 8 points</i>	
Year	Description of your leadership role

Section 6a- 4-H Activities <i>List the 4-H activities and year in which you have participated in at Club, Area, Provincial and National levels. ie. Fundraising, workshops, community services, conferences, time keeper, door minder. List one activity per year per line (0.5 points / event) max. 12 points</i>	
ie: Museum Sleepover, 2012	

Section 6b-Which activity did you enjoy the most and why? <i>max 2 points</i>
Section 7-Other interests: Please list all other non 4-H activities <i>max 5 points</i>
1) Sports Groups:
2) Youth Groups and Organizations:
3) Awards:
4) Work:
5) Skills/lessons (sports camps, dance, swimming lessons, etc.)

Section 8- How has 4-H benefited you in your personal growth and development? <i>max. 4 points</i>

Section 9-What are your plans for the upcoming year? <i>max 2 points</i>

Section 10-Future Plans: *What do you hope to be doing in 5 years? (The committee realizes that your plans may change, but you are urged to complete this section in view of what you now plan)* max. 2 points

Section 11-Letter of Recommendation: max 2 points

Please obtain a Letter of Recommendation from a 4-H leader (cannot be a relative). The letter should either be placed in a sealed envelope and be attached to this application form, or emailed to Teresa Melnychuk at teresa.d.melnynchuk@gmail.com.

Please also have the same leader review your application and complete this section of the application form.

Leader Certification
I have reviewed this application form and to the best of my knowledge, believe it to be correct.

I recommend that _____ be considered for a:

☐ South Interlake Council’s 4-H Gold Watch Award
☐ South Interlake Council’s 4-H Bursary
☐ Both

Date

4-H Leader’s Signature

Member Certification
I certify that, to the best of my knowledge, the above information is complete and correct.

Date

Applicant’s Signature

