

SHARE YOUR 4-H MEMORABILIA

This year for **Show Your 4-H Colours**, we're asking **YOU** to share a pic of your 4-H memorabilia - past or present! Whether it's a well-worn jacket, a prized ribbon, a project book, a vintage photo, or your current 4-H gear, we want to see it. Tell us the story behind your item and how it's been part of your 4-H journey. Your memories help celebrate the traditions, pride, and impact of 4-H across generations and we can't wait to share them all November long! Here how you should do it:

1



**Find your favourite
piece of 4-H
memorabilia**

2



**Take a photo of you
and your memorabilia**

3



**Tell us what it means to
you and how it's a part of
your 4-H journey**

4



**Submit your photo and
story to 4-H!**

***submit your photo to areis@4-h-canada.ca**