BISCUIT ROLLS

4H Manitoba

 \sim PUTTING GOOD FOOD ON TABLES AND AGENDAS \sim

Nacho Cheese Biscuit Rolls – recipe from www.canolaeatwell.com

Perfect for breakfast, lunch or snacks at home when served fresh out of the oven. You can change the filling ingredients to whatever you like.

Dough

2 cups all-purpose flour (500 mL) 4 tsp baking powder (20 mL) 1/2 tsp salt (2 mL) 1/2 cup milk, cold (125 mL) 1/3 cup canola oil, cold (75 mL)

Filling

1/2 cup soft cream cheese (125 mL)
3/4 cup salsa (175 mL)
1/2 cup crushed nacho chips (125 mL)
1 cup shredded old cheddar or Tex Mex cheese (250 mL)
2 Tbsp chopped green onions (optional)

To make the dough

- 1. Preheat oven to 400°F (200°C). Line an 8 inch (2 L) square baking dish with parchment paper or grease well and set aside.
- 2. In a large bowl, stir together flour, baking powder and salt.
- 3. In a liquid measuring cup, whisk together milk and oil. Drizzle into flour and using a fork, mix together until mixture is crumbly and starting to clump together.
- 4. Bring dough together with your hands and knead gently on lightly floured surface to make smooth dough.
- 5. Roll out dough on floured surface to make a 12 inch (30 cm) square.

To make filling and assemble

- 1. In a medium bowl, mix cream cheese and salsa to form a smooth spread. Spread evenly all over dough, right to the edges.
- 2. Sprinkle with crushed nacho chips and cheese.
- 3. Roll up dough along the long edge and pinch seam along edge to hold the roll closed. Cut roll into 9 equal pieces and place into prepared pan.
- 4. Bake for about 20 minutes or until golden brown. Let cool slightly.