

## **GOLD WATCH AWARD**



1. The 4-H gold watches are awards of merit. The award winner(s) shall be selected on the basis of their participation and involvement in, and contribution to the 4-H program in all years of membership.
2. To recognize and maintain the status of the 4-H Gold Watch Award, they will be awarded only in those years that a 4-H member is deemed a worthy recipient.
3. There may be one gold watch awarded within the Eastman Area.
4. To be eligible for the 4-H Gold Watch Award, a member must:
  - Be actively enrolled in the current 4-H year as a Senior or Adult Member and have both Eastman Area Council & MB 4-H Council Fees paid in full.
  - Have completed two or more years in 4-H club work. (These years need not be served in the same 4-H club or in consecutive order.)
  - Not have received a 4-H Gold Watch Award previously.
5. The selection of the Gold Watch Award winner is completed in the following manner:
  - 4-H Gold Watch Award application is open to ALL eligible 4-H members in the Eastman area.
  - Members apply by completing the application to the best of their ability.
  - Applications are submitted to the Eastman Council, by a deadline determined annually.
  - A selection team determines the most deserving recipient by reviewing the members' application forms.
  - An interview shall also be incorporated into the selection process. OR The member, in a hand written answer, may reply to 3 or 4 of the suggested interview questions and attach to their application.
  - It is important to note that only information included on the application and reference letter may be considered in making the decision. It is the members' responsibility to present all pertinent information about their 4-H careers.
  - It is recommended that the selections' team include a combination of three of the following:
    - a) a 4-H staff person
    - b) a senior member or leader currently or previously serving on Eastman 4-H Council
    - c) a past Gold Watch Award winner
    - d) a Gold Watch Award sponsor
    - e) a community leader
6. The Award recipient(s) will be presented with the Gold Watch award at an appropriate 4-H event.

### **SUGGESTED INTERVIEW QUESTIONS:**

Tell us about yourself.

Why do you think you deserve to be a gold watch recipient?

What skill that you have learned through the 4-H program do you think will be the greatest asset to you in the rest of your life? Why?

Which 4-H project did you learn the most from? What did you learn?

How has the communications program helped you so far? How will it affect your life in years to come?

If you could change one thing about your 4-H experience, what would it be and why?

What opportunities have you taken to use your 4-H acquired skills outside the program?

Describe a problem or difficult situation you have encountered and how you handled it.

What do you think has been your greatest accomplishment to date?

Once you've completed your years as a 4-H member, do you plan to remain involved in the program? How?

Describe your favourite 4-H experience.

How have you contributed to your community through 4-H

**4-H Members:**

The selection committee will consider your application as a complete record of your 4-H history. It is important to include as much detail as possible.

**What grading system is used to select the Gold Watch winner(s)?**

15% General Information, 35% 4-H Participation, 35% Leadership, 5% 4-H & You, 10% Interview

**TO APPLY, PLEASE SUBMIT THE FOLLOWING ON PLAIN WHITE PAPER.**

**Please ensure EACH SHEET and ATTACHMENT has your full name and page number on it.**



**A. GENERAL INFORMATION**

- Name
- Mailing Address
- Telephone Number
- E-mail Address
- List the 4-H projects you have achieved in, indicating the year in which each was taken.
- Indicate the project you found the most worthwhile. Explain why.
- Date of Birth (yy/mm/dd)
- Postal Code
- Club Name
- Last grade completed
- Name of School
- Number of years completed (including this year)

**B. 4-H PARTICIPATION**

1. 4-H Communications – List the number of years you have competed in each level of communications.
2. 4-H Experiences – List 4-H activities you have participated in each year and at each level of the 4-H program. Be specific (fun days, bonspiels, highway cleanup, camps, workshops, clinics, conferences, chaperone, livestock competitions, travel opportunities, etc.) \* Remember to indicate the year(s) you participated in\*
3. List other 4-H highlights not previously listed (special awards, bursary, scholarship, 100% attendance, etc.) and the year(s) it was achieved in.

**C. LEADERSHIP**

1. List 4-H Committee/Task Force Responsibilities – Indicate the 4-H committees/task force you have served on, and your responsibilities (bonspiel, beef day, fundraising, holiday party committees, etc.)
2. List Positions Held – State the title and number of years held at each level (President, Vice-President, Secretary, Treasurer, Reporter, Head Leader, Assistant Leader, Project Leader, Club Rep, etc.)
3. List opportunities where I shared my leadership skills:
  - a) With the 4-H program (camp counselor, presentation, junior leader, etc.)
  - b) With the community (student council, Sunday school teacher, etc.)

**D. 4-H & YOU**

- List and explain the skills that the 4-H program has equipped you with for the future.

**E. MEMBER CERTIFICATION**

"I certify that, to the best of my knowledge, the above information is complete and correct."

- Signature of Applicant
- Date

**F. AWARD PRESENTATION**

If I won this award I would like it presented to me at (location & approximate date)\_

**G. LEADER CERTIFICATION - To be completed by the person who wrote your recommendation letter**

"I certify that, to the best of my knowledge, the above information is complete and correct."

- Name
- Position
- Club
- Zone
- Signature
- Date

**Attachments Required**

- Letter of reference, from a registered 4-H Leader in your club (cannot be an immediate family member). Completed signed reference to be returned to the applicant *in a sealed and signed envelope* for attachment to application. Reference must be dated within the past four months
- A brief one paragraph biography and photograph.