

## Intermediate, Senior & Adult Activities for Home

## **Environment & Healthy Living**

## **Homemade Hand Warmers**

This winter has been quite nice, but when the weather is extreme, hand warmers sure are a delight.

These warmers are made with scrap fabric and rice.

Please click on the link below for instructions.

Once you have completed your project, please send a picture to learns@4h.mb.ca so we can celebrate your accomplishment.

(we hope to collate the information we receive and share it on our website and social media)