



Let's Speak Up!

The **2018 4-H Manitoba Calendar** includes several opportunities for clubs to strengthen public speaking skills all year long. Check out **January, March, May, July, September** and **November!**

Include any of suggested activities at one of your club meetings and tell Manitoba 4-H Council. Your club's activity will be recognized on the 4-H Manitoba website and social media platforms.

The names of two participating clubs will be drawn randomly and the two clubs will receive a pizza lunch for their club members!

Tell us:

- ✓ which activity your club used and how
 - ✓ when you completed the activity
 - ✓ which members participated
 - ✓ what made the activity FUN!
- AND** be sure to attach a picture

All entries **MUST** include the official ballot, found at **www.4h.mb.ca**

If you post the photo of your club taking part in the contest, be sure to use the hashtag

#4HMBLetsSpeakUp

**Contest runs from March 1st, 2018
until January 31, 2019!**

All entries must be sent to lmcrae-walker@4h.mb.ca or mailed and postmarked to Manitoba 4-H Council, 1129 Queens Avenue, Brandon, MB R7A 1L9 by January 31st, 2019.



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Communication Activities

January

Its cold outside - but these activities will help warm up your members to communicating without realizing they are public speaking!

<https://4h.mb.ca/wp-content/uploads/2016/12/Communication-Warm-ups.pdf>

March

Impromptu speeches are a great way to get members up and speaking without a great deal of preparation. These could work for roll call as well.

<https://4h.mb.ca/wp-content/uploads/2016/12/Impromptu-Speeches.pdf>

May

This activity encourages members to think on their feet and be creative!

<https://4h.mb.ca/wp-content/uploads/2016/12/What-Would-Happen-If.pdf>

July

Look on page 47 of the Club Fun Pak for Description Duet - get creative with describing things while practicing speaking skills.

<http://www.gov.mb.ca/agriculture/rural-communities/4h/pubs/fun-pack.pdf>

September

Fall means club start up and new members! Here is a great communication activity to help break the ice! "Getting to Know You" is on p. 13.

http://www.gov.mb.ca/agriculture/rural-communities/4h/pubs/building_block_mania.pdf

November

Fall also brings interviews for travel - look here for tips for members.

<https://4h.mb.ca/wp-content/uploads/2015/12/General-Communications-4-H-Interview-Tips-3.pdf>



Manitoba 4-H Council Inc.

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Contest Entry Form

Club Name _____

Area Council _____

We used the tip from _____.

It's called _____.

We completed the activity on _____.

These people who participated:

It was fun because:

Submitted by _____ on _____.

Be sure to include a photo of your club doing the activity.

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